

EPIC CATERING MENU

A 24-hour notice is required. Delivery charge may apply. Please call or email for details. epicfoodmanagement@gmail.com or 910-679-4216

TRAYS

Wrap tray @ \$9.50 a wrap, includes a tray of house chips for FREE

(All wraps are cut in half and nicely assorted on trays)

Slim Wrap – chicken salad, carrot strings, red cabbage floss and spinach in a flour tortilla wrap, sliced as mini sushi rolls

Veggie Wrap – flour tortilla wrap, spinach, ginger veggies, red pepper hummus, sprouts

Chicken Salad Wrap – flour tortilla wrap, chicken salad, spinach, cucumbers, sliced tomatoes and our house ranch

Chicken Wrap – flour tortilla wrap, chicken, spinach, cucumbers, sliced tomatoes and our house ranch

Beef Wrap – flour tortilla wrap, spiced grass-fed ground beef, epic pico, brown rice, black beans, cabbage, chili jam, cilantro-yogurt sauce

Gluten-Free Crispy Chicken Strips – Homemade, organic crispy chicken strips served over a bed of mixed greens with an 8 oz. side of our house ranch included

(Small - (\$15) 12 strips, Large - (\$28) 24 strips)

EPIC SALADS (GF)

Epic Salad - Bed of mixed greens with cucumbers, carrot strings, red cabbage floss, radishes, sunflower seeds & a choice of one 8oz sauce on the side (Vegan options available)

Brussels with Hustle – shaved brussel sprouts, spinach, goat cheese, arugula, dried cranberries, sunflower seeds and white balsamic dressing on the side

- Add cheese on the side for \$5 (Monetary jack, parmesan or goat cheese)

SMALL ((\$25) 10-16 side salad servings) or **LARGE** ((\$40) 25-35 side salad servings)

SIDES (GF, V)

- Fresh, homemade sweet potato chips (Unsalted option available)
(Available in **SMALL** \$20 (serves 12-16) and **LARGE** \$35 (serves 25-30))
- Fresh fruit salad (honeydew, pineapple and purple grapes)
(Available in **SMALL** \$30 (serves 12-14) and **LARGE** \$40 (serves 18-20))

DESSERTS

- Sugar Island Jam Bars (GF) **\$1.50/person**
- Epic Cookies **\$1/person**

BEVERAGES

Add 2 gallons of tea for \$8. (sweet/unsweet)